

Bliss Grooming for Men

BOOKING BY RECOMMENDATION
AND APPOINTMENT ONLY

We require 50% deposit
when booking appointments

www.blissbeauty.com

<i>Treatment</i>	<i>Time</i>	
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Clarins Treatments for Men

Skin Blitz Facial	<i>1 hour</i>	£35.00
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Shaving bumps and irritation, stress and tiredness, greyness and congestion ... whatever life has hit your skin with, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

Muscle Ease Body Massage	<i>1 hour</i>	£60.00
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Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

Energizing Back, Neck and Scalp Massage	<i>40 mins</i>	£40.00
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Back cleansing and deep massage rolled into one rejuvenating treatment that sorts out congested skin and tired muscles. The ultimate post-exercise pick-me-up, it leaves you feeling chilled out instead of strung out.

Hair Removal – we remove ANY unwanted hair – please ask!

Waxing (temporary hair removal)

Back Wax	<i>from</i>	£25.00
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Chest Wax	<i>from</i>	£30.00
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Eyebrow, Nose and Ear Tidy	<i>from</i>	£15.00
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Intimate Waxing	Lower Back	£15.00
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Buttock Cheeks	£20.00
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Full Boyzilian	<i>from</i>	£40.00
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Epilation (permanent hair removal)	<i>minimum from</i>	£18.00
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Excellent for ears and nose

Computerised 'Blend' machine	<i>1 hour</i>	£50.00
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approx £1 per min

Thread vein milias and skin tag removal	<i>from</i>	£35.00
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First Treatment and Test Patch	<i>from</i>	£20.00
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Hands and Feet

Macho Manicure and Massage	<i>45 mins</i>	£25.00
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Skin Softening Pedicure	<i>1 hour</i>	£35.00
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Foot massage using reflexology techniques	<i>30 mins</i>	£35.00
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<i>Treatment</i>	<i>Time</i>	
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Body Treatments

Fake Tan		<i>Please Ask</i>
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(Best in hair-free areas)

Extra Relaxing Body Massage	<i>1 hour</i>	£60.00
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Stress Busters and other treatments

(See Lorraine's Price List)

Taijiwuxigong Practice and Acupuncture with Mike Power

A traditional method of Chinese medicine to clean the physical body, the energy system and the emotions. This is achieved using sitting, standing and moving exercises, spontaneous body movement and mental concentration.

Personal Training for

Meditation and Stress Management	<i>30 mins</i>	£25.00
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Also Available

- Acupuncture and Chi Gong with Mike Power
- Pranic Healing and Meditation with Sandy Humby
- Reiki with Brenda Locke
- Sexual Health with Mary Clegg
- His and Hers Packages

SEE SEPARATE LEAFLETS

If 24 hours notice is not given we will have to charge the full cost of the treatment. If you are late for an appointment, we will endeavour to do what we can in the time remaining. We are unable to accommodate children or mobile phones!

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www.blissbeauty.com